



ALL ABOUT

THERAPEUTIC PHLEBOTOMY

A Truly Remarkable Service

PBB07 (01 Aug 12)

Patient consent for therapeutic phlebotomy

I have read the information on therapeutic phlebotomy and understand that:

- My clinician is responsible for my diagnosis and medical management.
- WPBTS will perform therapeutic phlebotomy at intervals requested by my clinician.
- WPBTS' medical officer may require additional tests/medical reports before accepting me as a donor.
- I will be charged for the first Therapeutic Phlebotomy and for any further phlebotomies where my blood is not suitable for transfusion.

Patient Details

First Name: _____
 Surname: _____
 Date of Birth: _____
 Address: _____

 Telephone (h): _____
 Telephone (w): _____
 Fax (f): _____
 Cell: _____
 E-mail: _____
 Medical Aid: _____
 Medical Aid No: _____
 Main Member's Name: _____
 Patient's Signature: _____
 Date: _____

Send to phlebotomy@wpbts.org.za or fax to 021 531 3335.

Clinicians request for therapeutic phlebotomy

Please return the completed request form, blood test results and medical reports to our Specialised Donation Department at 021 531 3335 (fax) or email phlebotomy@wpbts.org.za

Patient Details

First Name: _____
 Surname: _____
 Date of Birth: _____
 Telephone (h): _____
 Telephone (w): _____
 Fax (f): _____
 Cellphone: _____
 E-mail: _____

Please indicate diagnosis:

- Haemochromatosis
- Secondary Polycythaemia
- Polycythaemia Vera
- High Affinity Haemoglobin
- Other, specify _____

Current Medications: _____

Additional Medical Conditions: _____

Donation Intervals Required (Please tick the applicable box):

- Weekly Monthly Other

I certify, that in my opinion it is safe for the above-mentioned patient to donate ±450ml blood.

Clinician Details

Name: _____
 Address: _____
 Telephone: _____
 Fax: _____
 E-mail: _____
 Practice No: _____
 Signature: _____
 Date: _____



THERAPEUTIC PHLEBOTOMY

For a better, healthier lifestyle



What is therapeutic phlebotomy?

You may require this procedure if your body produces too many red cells or absorbs too much iron.

It is similar to a regular donation, except that your clinician has prescribed it as a form of medical treatment.

“ It’s
SAFE,
inexpensive
and monitored
by trained
medical
staff ”



Let’s look at the conditions for which this procedure may be required:

Polycythaemia

When there are too many red cells circulating in your blood, it could make it thicker, which may lead to complications. Blood clots may form, which could lead to strokes, heart attacks or pulmonary emboli.

Haemochromatosis

Hereditary haemochromatosis is a genetic condition in which there is excessive absorption of dietary iron, resulting in iron overload. This may cause damage, particularly to the liver, pancreas and heart. Diagnosis is confirmed by genetic blood tests and iron studies.

What does the treatment entail?

As mentioned, your Clinician will prescribe Therapeutic Phlebotomies for you, at regular intervals.

It may take a few months or longer for your blood results to reach normal levels and treatment will continue throughout your life.

The initial phlebotomy must be performed at our Headquarters in Pinelands or at one of our Regional Offices. Thereafter you may donate at any of our donor clinics, if you meet all our health criteria.

Are there costs involved?

Because we cannot use the first treatment for transfusion purposes, there will be a cost involved. Subsequent donations will be accepted for use if our donation criteria are met. Please discuss this with your medical aid.

How do I register?

With the aid of your Clinician, please fax or e-mail the completed forms (reverse side of this brochure) to us.

Once all your information has been reviewed, our staff will contact you to make an appointment for your first donation.

Contact Details:

Head Office, Pinelands

Tel: 021 507 6393/48
Fax: 021 531 3335
E-mail: phlebotomy@wpbts.org.za
Old Mill Road, Pinelands, 7405
Wednesdays 08h00 - 14h30

Regional Offices

Paarl

Tel: 021 871 1030
263 Main Road, Paarl
Thursdays 10h00 - 19h30

Worcester

Tel: 023 342 2450
26 Napier Street, Worcester
Tuesdays 09h00 - 19h45

George

Tel: 044 874 2074
Medical Centre,
Courtenay Street, George
Wednesdays 12h00 - 19h00
Fridays 10h00 - 15h00

